

READINGS ON THE TWELVE STEPS IN THE BIG BOOK

- STEP 1 1st Half:** “We admitted we were powerless over alcohol.....”
The Doctor’s Opinion *page xxiii*
- STEP 1 2nd Half:** “...that our lives had become unmanageable.”
Chapter 3: More About Alcoholism *pages 30-43*
- STEP 2** “Came to believe that a power greater than ourselves could restore us to sanity.”
Chapter 4: We Agnostics *pages 44-57 & Spiritual Experience Appendix II, pg. 569*
Chapter 2: There is a Solution *pages 17-29*
- STEP 3** “Made a decision to turn our lives over to the care of God as we understood him.”
Chapter 5: How It Works *Pages 58-63*
- STEP 4** “Made a searching and fearless moral inventory of ourselves.”
Part 1 *Resentments* *pages 64-67*
Part 2 *Fear* *pages 67-68*
Part 3 *Sex* *pages 68-71*
- STEP 5** “Admitted to God, to ourselves, and to another person the exact nature of our wrongs.”
Chapter 6: Into Action *pages 72-75*
- STEP 6** “Were entirely ready to have God remove all these defects of character.”
1st paragraph on page 76
- STEP 7** “Humbly asked him to remove our shortcomings.”
2nd paragraph on page 76
- STEP 8** Made a list of all persons we had harmed, and became willing to make amends to them all.” **
see directions for Step 9
- STEP 9** “Made direct amends to such people wherever possible, except when to do so would injure them or others.”
*** Reading for steps 8 & 9 on pages 76 - 84*
- STEP 10** “Continued to take personal inventory and when we were wrong promptly admitted it.”
pages 84-85
- STEP 11** “Sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of his will for us and the power to carry that out.”
pages 85-88
- STEP 12 1st Half:** “Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics...”
Chapter 7: Working with Others *pages 89-96*
- STEP 12 2nd Half:** “...and to practice these principles in all our affairs.”
Beginning with “suppose” *pages 96-103*